

# 2023 Update on Syllabus Notes (including previous updates)

*Note: These have all been updated on the ATOD@work platform*

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## 2023 Systems of Training Update

### Genres / Levels

The following levels and genres will be examined up to the end of 2023 Early Championship Exams, the latest these exams can be held on or before the 11th of April 2023.

From this date the following levels and genres will be removed from our online platforms and will no longer be examined.

Jazz Moves Intermediate  
 Jazz Moves Advanced  
 Tap Advanced  
 Hip Hop Level 7  
 Hip Hop Level 8

**All new syllabi should be taught in classes and examined moving forward in 2023.**

### Exam Option to Remove Exercises in 2023.

The option to remove up to one third of exam exercises has been extended for another year. Of course this is voluntary and is completely fine should you wish your students to demonstrate all exercises.

**Please note one change to the arrangements for 2023 – those studios wishing to take advantage of this must submit to the exam coordinator a complete list of the exercises to be omitted no later than one week prior to the date of the first exam day.** This is to allow our examiners to be more fully prepared on the day and to facilitate a more efficient exam experience for everyone involved.

# Classical Ballet

## Test 1 Ballet (2022)

### Rises

Second set of 8 counts

- 1 rise to demi pointe
- 2 – 6 little runs turning full circle R, finish face F
- 7 demi plié
- 8 recover

## Test 2 Ballet (2022)

### Demi Plies

Commence centre, feet 1st, arms bras bas.

### Battement Tendu & Transfer of Weight

Commence centre, feet 1st, arms bras bas.

## Test 3 Ballet (2022)

### Department Walking

Commence B of room, feet 1st, arms bras bas, head poised. Prepare by carrying arms to demi bras or demi seconde, dégagé R devant, head erect.

This should be shown in slow timing similar to the pace of the Promenade in Bronze Star.

- 1 – 7 7 ballet walks F commencing R
- 8 close feet in 1st
- 1 – 4 rise to demi pointe, turn (on the spot)
- 5 – 8 run away to side of room or to repeat

Finish by running away as the next group commences.

Note: boys are not to go on demi pointe but will walk in a circle.

## Bronze Medal Ballet (2022)

### Preparation for Jetes

Commence facing the barre, feet 3rd position, arms bras bas, head poised. Prepare hands on barre, lift R foot devant en fondu, head erect.

- 1 – 6 jeté devant RLR
- 7 place working foot down into 3rd position with lengthened legs
- 8 lift back foot jeté position derrière en fondu
- 1 – 6 jeté derrière RLR
- 7 place working foot down into 3rd position with lengthened legs
- 8 lift front foot to repeat

Finish by lowering arms to bras bas, lower working foot to 3rd, pause, head poised.

## Gold Star Ballet (2022)

### Pirouettes

#### C. Posé Pirouettes En Dedans & Petit Pas De Basque

Note the counts for Petit pas de basque in this exercise

&1 – 8          4 petit pas de basque

**2nd, 1st**

### Advanced Ballet (2022)

#### **Centre Adage B**

##### TEACHER'S NOTES

Please commence the section with

Students can present this combination commencing on the other side. They may choose their preferred side to demonstrate in the examination.

#### **Batterie Enchaînement A**

3                  assemblé over

**R 3<sup>rd</sup>**

## PREVIOUS UPDATES Classical Ballet

### Test 3 Ballet (prior to 2022)

#### **Sautes**

The second set of 8 counts should read

- 5          lengthen legs
- 6          degage R foot to second
- 7          close in first
- 8          demi plie to prepare to repeat other side

### Bronze Medal Ballet (prior to 2022)

#### **Demi Character Dance**

- Dance must have a story line.
- Dance must have classical ballet content – e.g. dance steps/enchainments must accompany actions
- Use of space – dance must move around the space
- Actions and mimes must be in line with the story that is being portrayed
- Small props may be used if necessary and indicative of the story
- Use of expression for portrayal of the character is required

### Bronze Star Ballet (prior to 2022)

#### **Dance Enchaînement**

This will NOT be required to be shown commencing on the opposite side.

#### Selection A Track 69

Execute 1 bar of music as introduction (or 4 counts) followed by 8 bars (or 32 counts) for the first line or group, wait 4 bars (16 counts), use the last 8 bars (32 counts) for the second group. Track is 1 minute in length.

#### Selection B Track 71

Execute 14 bars of music followed by 8 bar transition to next group – 4 bar exit and 4 bar entrance. Replay music. Track is 40 secs in length.

## Silver Medal Ballet (prior to 2022)

### Plies: Counts

Counts for the last set of 8

1 – 2	demi plie in fourth ouverte, recover	<b>2nd</b>
3 – 4	demi plie in fourth, transfer the weight forward, degage derriere	
5 – 6	rotation turn through second through fourth devant <b>hands on barre, open outside 2nd</b>	
7	close 5th position	<b>bras bas</b>
8	hold	

### Soubresaut & Changement – Boys

There is no difference in the musical accompaniment for the boys and girls.

### Preparation for Chaines

The preparation is only opening the arms to 3rd position. The feet should stay in 1st position.

Commence on the & count- extend R leg to 2nd with fondu L. Please check the DVD if more information is needed.

Commence back, face WB, feet 1st, arms bras bas, head poised. Prepare R arm 3rd, head R.

& extend R leg to 2nd, en fondu L.

1 step together RL on demi pointe 1st, turn to face WD, look F **1st**

### Pas de Basque Glisse

The weight is transferred on count 1 after the demi assemble soutenu action which commences on the & count

### Pas de Valse

The front foot may be stretched or relaxed during the two steps sur place.

## Silver Star Ballet (prior to 2022)

### Pas de Bouree

Note: An UNSEEN enchainment will be given by the Examiner in this exercise.

## Gold Medal (prior to 2022)

### Pas de Basque & Ballone Compose

This will only be seen by the Examiner as the set enchainment in the syllabus and not asked for en arriere.

## Gold Star (prior to 2022)

### Petit Allegro

*Note: The jete by half turns show the jete devant*

- |         |   |
|---------|---|
| 1       | Echappe saute to second   |
| 2       | sissonne ordinaire derriere (alight on the R with the L derriere) |
| 3       | echappe sauté to second   |
| 4       | sissonne ordinaire devant (alight on the L with R devant)         |
| 5       | jete by half turn R (turning R)                                   |
| 6       | temps lève R  |
| 7       | jete by half turn L (turning R)                                   |
| 8       | temps lève L  |
| 9       | glissade under  |
| 10 – 12 | three jetes derriere RLR  |
| 13      | glissade derriere L   |
| 14      | assemble over   |
| 15 – 16 | lengthen legs and demi plie repeat other side                     |
| 1 – 16  | repeat other side   |

### Elementary Ballet (prior to 2022)

#### Dance

In the preparation for the dance, the arms are 4th croise, with the Right arm high as per the DVD- not as per written syllabus which states that the Left arm is high.

### Intermediate Ballet (prior to 2022)

#### Dance:

In the second set of 16 counts, after the run to C2, counts 7 – 8 should read 'chasse Left to first arabesque a terre' (not the Right).

### Advanced Ballet (prior to 2022)

**Pirouettes B:** The pas de valse on count 14 should be to the L (left), not R (right) as written in the syllabus

**Pirouettes C:** 4th crossed arms for the double pose pirouette en dedans should be the right arm high on the right side and left arm high on the left side  
It is incorrectly shown on the left side on the DVD

**Set Allegro A:** Syllabus says arms 1st to arabesque but the arms should go through bras. bas to 1st then to arabesque as shown on the DVD

**Grand Allegro A:** The final grand jete in the croise alignment in attitude should be shown with a grand battement/swish preparation not a developpe into the grand jete

**Batterie C:** Avoid 'stopping' in the 4th position in demi pile before the grand fouetté releve en tournant. Maintain flow of movement and follow through into the grand battement releve in 2nd position

**Pointe Work:** Do show use of the head in all exercises.

**Dance:** Counts 9 - 10 Balance could be held longer before the walks stepping up into 5th position on pointe. If the Penche is shown on the other side dancers will recover with a step-down R before the chasses L into second arabesque croise. The Grand Jete en tournant can both be shown battu. These are not shown with a beat on the DVD.



# Jazz Moves

## General (2022)

The Examiner needs to be informed in writing of the omitted exercises prior to the commencement of the examination day/s.

## Jazz Magic (2022)

Teachers are to choose 3 combinations/exercises in Jazz Magic to not present in examination.

Warm Up & Stretches – students must do the first exercise. It is the teacher's choice which exercises to leave out from the rest of that section.

Centre – students must do the first exercise. It is the teacher's choice which exercises to leave out from the rest of that section.

Combinations – teachers are to take out one exercise in the combinations. Any combination.

## Bronze Star (2022)

### Travelling

- 6 kick L on rise
- 7 step L to C4
- 8 rotate back to face C2, kick R low on rise

## Silver Medal (2022)

### Cool Down

#### Teacher's Notes

Contemporary Swing – The forward swing should finish with a hamstring stretch with legs lengthened, prior to reversing. The legs alternate between bending and lengthening.

### Omitted Exercises

#### Elementary Jazz Moves

Omit one jump and one combination from 1 – 4 (teacher's choice)

#### Intermediate Jazz

Omit One Turn & one Combination.

### Advanced Jazz (2022)

delete one turn, one jump and one combination (teacher's choice).

## Intermediate Jazz (2022)

### Turns

The order in the syllabus book should read

- A. Spotting
- B. Fouettes
- C. Chaines
- 4. Turn Combination

## Advanced Jazz 2020 (2022)

### Travelling

1 – 2	extend R leg into turn in attitude B, finish unfolding kick F	<b>R JA 4th</b>
3 – 4	carry into turn in attitude F, finish unfolding kick F	<b>L JA4th</b>

## PREVIOUS UPDATES Jazz

### Bronze Medal / Star (prior to 2022)

**Warm up Jumps** are to be demonstrated from the corner.

### Silver Star (prior to 2022)

**Side Jetes** are to be executed on both sides in the examination.

**Isolations:** second set of 8 should read:

- 1 step **L** F, body roll **hand trace body roll**
- 2 bring **L** to J1st, plié **arms bent F of chest**

### Leg Extensions – Controlled

This exercise is demonstrated on the DVD with different counts on each side. The first side and the syllabus are correct.

### Test 1 – Gold Star - general information (prior to 2022)

Teachers are to choose 3 combinations/exercises in each grade Test 1 – Gold Star to not present in Jazz Moves examinations.

- Warm Up & Stretches – students must do the first exercise. It is the teacher's choice which exercises to leave out from the rest of that section.
- Centre – students must do the first exercise. It is the teacher's choice which exercises to leave out from the rest of that section.
- Combinations – teachers are to take out one exercise in the combinations. Any combination/s.
- This is NOT the case where a Lyrical is the first exercise in the Combinations as this must be shown.
- In Gold Star Jazz Moves- the improvisation cannot be taken out as an omitted exercise. All students are to do the improvisation.

\* If you have two or more branches of the studio and combine on the examination day, all students from the one school (meaning all branches) must do the same combination. In the case of combining with another school (e.g. combined examination day) then each school's selected combinations will be seen.

### Teacher's Combinations

In teachers Combinations in the grades that offer this as an exercise, please note the following:  
The music should be 4 sets of 8 counts. Steps to include should be up to the grade level and no higher.

### Test 1 Jazz Moves (prior to 2022)

#### Skips & Hips

An alternative to this exercise is now acceptable to use in the Examination. Commencing in Corner 3.

1 – 6	six skips forward	<b>hands on hips</b>
7	jump feet to J2nd position	
8	wait	
1 – 4	2 slow hip isolations RL	<b>teacher's choice of arms</b>
5 – 8	4 fast hip isolations	

### Test 3 Jazz Moves (prior to 2022)

#### Kick Combination

The height of these kicks is to be no more than 90 degrees.

#### Kick Ball Change with Sugars

An alternate piece of music can be used for this exercise which can be the same track as for the Jump with Turning Grapevine in this Test 3 level.

#### Jump with Turning Grapevine

This will not be shown consecutively R and L. Each student (pairs) will demonstrate the R side and then after all students have had a turn, the L side will be demonstrated. The students should be ready to follow on with the music.

### Bronze Medal jazz Moves (prior to 2022)

#### Kick Combination

This exercise will be only shown on one side commencing in Corner 3. There is no need to repeat from Corner 4. Please note that students should NOT be stepping through the heel first.

## Bronze Star Jazz Moves (prior to 2022)

### Kick Combination

This exercise will be only shown on one side commencing in Corner 3. There is no need to repeat from Corner 4. Please note that students should NOT be stepping through the heel first.

## Gold Medal Jazz Moves (prior to 2022)

### Stretch & Strengthening

In the plank position, the hands on the floor can be either clenched or open palmed. Leg

### Leg Mount

In the second set of 8 counts-

This is shown correctly on the DVD

1 – 2 R leg to attitude devant on fondu (bent supporting leg) using body contraction **R curved behind**

3 – 4 swish R leg through J1st to attitude derrière, lengthened supporting leg **R ↑, wrist flexed, palm ↑**

5 – 6 carry R leg to retiré position TO **R JA2nd**

&7 – 8 fondu support leg to hold instep, lengthen support leg, R leg to full leg mount to J2nd **R hand holds R instep**

### Floor Work

In the third set of 8 counts

3 – 4 transfer weight to R leg on floor into deep lunging kneel **sweep L deeply across floor towards C1**

### Hitch Kick with Layout

Both a back bend (as on the DVD) or a layout is acceptable in the final count 7. Both the DVD and/or the syllabus is acceptable.

### Lyrical

#### 3<sup>rd</sup> set of 8

1 développé kick R, on flat foot, lengthened supporting leg **↑ V**

### Dance Combination

On count &4 slide feet into J1st **JA1st, click into JA2nd**

(This is shown correctly on the DVD in the back view of the demonstration).

## Gold Star Jazz Moves (prior to 2022)

### Floor Work

This is to be shown commencing on both sides in the examination.

### Isolations

On the final counts

5 – 7      step R X L, step L, step R X L travel sideways,  
**palms** ↑  
                 side neck isolation RLRLRL cnts (&5&6&7)

**JA2nd, elbows bent,**

### Turn Combination

On the final counts (as per DVD)

&5            ball change RL F prepare J4th for turn, face C1  
6 – 7        double pencil turn  
8             step R into lunge position, pointe L, face WA

**JA3rd**

**JA1st**

↓

### Travelling

In the last 8 counts

1             step L into relevé turn en dehor  
This is shown on the DVD.

**release, open O to** ↑

### Stylized: Male Version

The first 4 walks are shown through the toe first (as per DVD and not the syllabus). The ending walks are shown heel first.

# Tap

## Test 1 (2022)

### Arm Rhythm Boys

Commence facing the front with feet in 1st parallel. Hands resting behind back.

1 - 2 cross R arm in front of body

3 - 4 turn palm to face ceiling and open to 2nd, pull towards hip (clenching fist) and return behind back

5 - 6 cross L arm in front of body

7 - 8 turn palm to face ceiling and open to 2nd, pull towards hip (clenching fist) and return behind back

1 - 2 cross both arms in front of the body

3 - 4 turn palms to face ceiling and open to 2nd

5 - 6 pull towards hips (clenching fists)

7 - 8 recover hands behind back

The above is one set.

### Heel Digs

Students may keep the supporting heel on the ground, however if capable, they can be encouraged to step back on to the ball of the foot.

## Test 2 (2022)

### Boys Arm Rhythm

Commence facing the front with feet in 1st parallel. Hands resting behind back.

1 - 2 cross R arm in front of body

3 - 4 open to high position open 4th (palm facing inwards) pull towards hip (clenching fist) and return behind back

5 - 6 cross L arm in front of body

7 - 8 open to high position open 4th (palm facing inwards) pull towards hip (clenching fist) and return behind back

1 - 2 cross both arms in front of the body

3 - 4 extend arms high to a 'V' shape (palms facing each other)

5 - 6 pull towards hips (clenching fists)

7 - 8 recover hands behind back

The above is one set.

### Ball Changes

Commence facing WA, feet J1st, hands on hips. Prepare with relaxed knees, ready to release R foot, arms may be prepared in clapping position – teacher's choice.

&1 ball change RL, feet parallel, travelling slightly R

2 clap

&3	ball change RL, feet parallel, travelling slightly to R	
4	clap	
&5&6&7	3 ball changes in quick succession RL, RL, RL	<b>F, wrists flexed</b>
8	clap	

&1 – 8 repeat cnts 1 – 8 commencing L, travelling slightly to the L  
 Finish feet J1st, lengthen legs, arms ↓.

### Beat Beat Step Step

Commence facing WA, feet in J1st, hands on hips. Prepare by releasing the R foot ↑ in line with the supporting leg, knees well relaxed, arms diagonal L ↑, R ↓.

1 – 2	forward and backward beats R	<b>diagonal L ↑, R ↓</b>
3 – 4	step RL slightly to R side (finish J1st)	
5 – 6	forward and backward beats R	
7	step R	
8	heel drop R lifting L foot	
1 – 8	repeat cnts 1 – 8 travelling to L	

Finish feet J1st, lengthen legs, arms ↓.

The above is one set.

### Tap Steps Forward & Backward

#### A. Tap Steps Forward

Commence facing WA, feet in J1st, hands on hips. Prepare by relaxing knees, ready to release R foot.

&1 – &4	4 tap steps F RLRL	<b>F low JA2nd</b>
&5	stamp RL	
6 – 7	2 claps	<b>clapping</b>
8	wait	

Finish in the final position, feet J1st, lengthen legs, arms ↓.

The above is one set.

**The Examiner will see the above set twice through one student at a time.**

#### B. Tap Steps Backwards

Commence facing WA, feet in J1st, hands on hips. Prepare by relaxing knees, ready to release R foot.

&1 – &4	4 tap steps BLRLR	<b>F wrists flexed</b>
&5	ball change RL	
6 – 7	2	
claps		<b>clapping</b>
8	wait	

Finish in the final position, feet J1st, lengthen legs, arms ↓.

The above is one set.

**The Examiner will see the above set twice through one student at a time.**

### Heel Ball Travelling Step

1&2	heel dig R, ball drop R, R heel drop	<b>L hinge, R JA2nd</b>
&	release L	
3&4	heel dig L, ball drop L, heel drop L	<b>R hinge, L JA2nd</b>
&	release L	

**The Examiner will see this exercise with students required to execute six (6) heel ball heel travelling steps with the teacher's own choice of finish on counts 5 – 8.**

### Test 3 (2022)

#### Shuffle Ball Change

&1	shuffle R	<b>diagonal L ↑ R ↓</b>
&2	ball change RL, travelling slightly to the R	
&3 – &6	repeat cnts &1&2 twice	
7 – 8	ball heel drop R, release L foot	
1 – 8	repeat all cnts above on L	<b>diagonal R ↑ L ↓</b>

#### Travelling Step

Commence in C1, feet in J1st. Prepare by lifting the L foot ↑ in line with the supporting leg. Supporting knee is well relaxed.

1	step L to J2nd, releasing R foot to J2nd	<b>diagonal L ↑, R ↓</b>
&2	side brush R inwards to L, step R J1st	
3 – 8	repeat 7 times	

Run quietly to C2 to commence on R as the next student commences.

### Bronze Star (2022)

#### Step Ball Heel

Note – the students commence by counting aloud all together with the music (1&a2&a3&a4&a5&a6&a7&a8).

Without a pause in the music, the first student commences the footwork. Each student continues with the footwork individually. The counting is not repeated before each student commences.

#### Elementary Tap (2022)

Commence facing WA, feet J1st arms ☐. Prepare by lifting L foot ☐ in line with supporting leg, knees relaxed, arms JA1st.

1	drop spring L to J2nd	<b>diagonal R ☐, L ☐</b>
&&	shuffle R to J2nd	
&a2	pick up change L (land on R)	<b>JA1st</b>
&3	toe beat L X B R, hop R	
&	step L to J1st	



4	R flat to J4th	<b>diagonal L ☐, R ☐</b>
5 – &8	repeat cnts 1 – &4	<b>as above</b>
1	drop spring L to J2nd	<b>diagonal R ☐, L ☐</b>
&&	shuffle R to J2nd	
a2	pick up change L (land R)	<b>JA1st</b>
&3	toe beat L X B R, R hop (turn to face WB)	
&	step L into J1st	
4&	toe beat R X F L, L hop L (turn to face WC)	
5	step R to J1st (turn to face WD)	
&6	toe beat L X F R, (WD) hop R (turn to face WA)	
&7	toe beat L B R, hop R	
&	step L to J1st	
8	R stamp R	<b>diagonal L ☐, R ☐</b>
Finish in final pose. Feet J1st, arms ☐.		

## Intermediate 2022 (2022)

### Waltz Shuffles

Repeat all of above commencing R with a double waltz time step.  
This is located after the actual counts in the text.

## PREVIOUS UPDATES Tap

### Bronze Medal Tap (Prior to 2022)

Nerve Beats

Counts 15 – 16, the turn towards the barre is an inward turn.

### Shuffles

The double shuffles are forward shuffles and not shuffles to the side

### Silver Medal (Prior to 2022)

### Waltz Break

Should finish with a toe 'beat' and not a toe 'drop' as demonstrated on DVD

### Double Time Step Routine

Teachers may use the current Double Time Step Routine music or the Rhythm Rota music for this exercise.

### Drum Rolls

&&a1	drum roll (ball change RL, heel change RL) F, <b>wrists flexed</b>
&2	ball change RL
&&a3	drum roll (ball change RL, heel change RL)
&4	ball change RL

- &a5 drum roll (ball change RL, heel change RL)
- &6 ball change RL
- &a7 drum roll (ball change RL, heel change RL)
- &8 ball change RL

Finish feet J1st, arms ↓.

The above is one set.

**Combination 1:** Hard copy Syllabus notes should read as follows

(Second Set of 8) &4&a LR double pick up

(Fourth set of 8) &4&a RL double pick up

## Silver Star Tap (Prior to 2022)

### Combination 2

Commence facing WA, feet J1st, arms ↓. Prepare by releasing R foot ↑, knees relaxed.

- &1 stamp RL **R L LJA2nd**
- & pick up R
- 2 heel drop L
- &a shuffle R front
- 3 heel drop L
- &a shuffle R side
- 4 heel drop L
- &5& ankle roll R **R hand on hip, L F, wrist flexed**
- a6 ball heel drop L
- &7& ankle roll R
- a8 ball heel drop L
- 1&a heel dig pick up step R **low F opp**
- 2&a heel dig pick up step L
- 3&a heel dig pick up step R
- 4 step L
- &5&6 ball change, heel change RL **relaxed JA2nd**
- &7&8 ball change, heel change RL (complete 1 turn) **JA1st**
- & stamp R
- 1&a step L, pick up R, heel drop L **slowly↑ to V**
- 2&a step R, pick up L, heel drop R
- 3&a step L, pick up R, heel drop L
- 4 step R **circle X F**
- &a pick up L, step L
- 5&a crossed shuffle R, step R
- 6 toe beat L
- & heel drop R
- 7 step L
- &a8 pick up R, ball change RL **diagonal L↑ R ↓**
- 1 stamp R (commence turning) **JA1st**
- &a2 shuffle step L
- &a3 pick up ball heel drop R
- &a4 shuffle step L
- & stamp R **X low F, slowly ↑ V**
- 5 step L B face C1

&a6                pick up R, heel drop L, step R  
&a7                pick up L, heel drop R, step L  
&&a8                double pick up RL  
Finish feet J1st, arms ↓.

### Gold Medal Tap (Prior to 2022)

The dance for this level is no longer than 1.5 minutes in duration.

### Elementary (Prior to 2022)

The updated Elementary Tap System of Training released 2020 is compulsory and all exercises must be demonstrated on the day of the exams. Teachers are no longer to omit any steps from this grade.

### **Tap set dance resources**

Please note that if you are currently using the Tap Set Dance Resources, only dance routines from Test 1 – Bronze Star are applicable to the updates of the Tap Syllabus. Routines from Silver Medal through to Elementary are no longer current and therefore should not be used for examinations. Teachers should check the current syllabus notes from Silver Medal through to Elementary for the correct dance requirements. New Tap Set Dance Resources will be available for purchase again through the online store once the syllabus updates are finalised.

# Musical Theatre

No Changes in 2022

## PREVIOUS UPDATES Musical Theatre

[Entr'acte Performance \(Prior to 2022\)](#)

### **Song and Dance Component**

Note – teachers may choreograph their own dance component to suit the age and ability of the group or use the whole or part of the set dance.

[Level 1 Musical Theatre \(Prior to 2022\)](#)

This is regarding the PERFORMANCE section (ACT 4) only.

The syllabus states that the performance will be done two students at a time or a line at a time.

This should read –

The Performance will be done four students at a time to suit the required dialogue in the syllabus or at the teacher's discretion where an uneven number of entrants occurs or less than four students are in the group

[Level 2 \(Prior to 2022\)](#)

Dance Warm Up Selection A Tap

Note that the last counts 5-7 should read double ball drops (as per the DVD) and not ball heel drops.

[Level 3 \(Prior to 2022\)](#)

If a student is not confident to sing the vocal solo, then a partner may be used to assist- this is acceptable if necessary. However, it is preferable that the work is shown as a solo.

# Hip Hop

## Level 7 & 8 (2022)

New work for Level 7 and 8 has been completed and released with resources available. This will be compulsory to use as of 2023.

## PREVIOUS UPDATES Hip Hop

### General (Prior to 2022)

At the teacher's discretion, in consideration of safe dance practice, knee pads may be worn in Hip Hop

### Level 2 Hip Hop (Prior to 2022)

Arm Combo / Swat the Mozzie

Commence in 1st with a step to 2nd on count 1, as per DVD

Directions Travelling

Delete the last 1 -16 repeat with knee lifts – this is not on the DVD and not required.

### Level 3 hip Hop (Prior to 2022)

Teachers, please note that Level 3 Hip Hop will now receive a PASS or unsuccessful (or Participation certificate), and not a grading.

### Level 9 Hip Hop (Prior to 2022)

The combination "Here We Come" need only to be shown on one side, however all group members must perform the same side.

# Contemporary

## Level 8 (2022)

### 1. Improvisation Solo

***Please note this must be an improvisation and not a prepared movement routine.***

#### **Examination Material**

Duration: 1.5 minutes

*Students will be asked to present an improvisation solo based on a current global, national or local issue combined with a word (1 or 2 words) that they have chosen from the word bank below to show further intention behind their improvisation.*

#### **Process**

1. Students will have a short discussion with the examiner to surmise their topic and related words.
2. Students will hand in a one paragraph printed summary to the Examiner on the day of the examination.
3. The Examiner will select a piece of music that relates to the student's word choice. The student will listen once.
4. The student will perform their improvisational solo.
5. The Examiner will then have a brief discussion with the student to clarify, if needed, the total connection between the movement choices, intent and link to the chosen topic and word.

**The Examiner will see the improvisation once through one student at a time.**

**The Examiner will be looking for ownership of the work, intent, creativity based on the reaction to the chosen word and issue, the relationship to the music, individuality, expression, performance quality, artistry, strong contemporary technical skills such as fluidity in and out of the floor, alignment, extension of body, arms and legs, breadth of movement, body awareness, spatial awareness, and effective use of choreographic elements such as use of levels, floor pattern, creation of new movement, musical interpretation, emotive awareness, and literal/pedestrian movement awareness.**

#### **Bank of Words:**

Happiness, Satisfaction, Despair, Betrayal, Confusion, Relationships, Anxiety, Connections, Anger, Loneliness

The Examiner will provide the music for the improvisations on the examination day.

## PREVIOUS UPDATES Contemporary

### Dance Improvisation (Previous to 2022)

will be seen one student at a time

Level 1: 30-40 seconds

Level 2: 40-50 seconds

Level 3: 50- 60 seconds

Please note that it is the teacher's choice whether knee pads are to be worn by the students in the examinations.

In the upper levels, if socks are worn to demonstrate on the DVD, then it is the teacher's choice whether the students wear socks in the examination for those particular exercises only.

## National Character

The updates for National Character will be available on the ATOD@work platform by the end of June 2022.

Update from 2019 – Primary Cross will be given a grading of a Pass/Unsuccessful/Participation.

## Pre- Levels (all genre)

### **General**

Studios are to prepare a list of exercises being shown in the examination prior to the exam commencing. The purpose of this document is to tell the examiner which steps will be seen where there are multiple options.