

OMITTED EXERCISES (25%)

- ★ Teachers can remove up to one-quarter (25%) of exercises from each exam (except Musical Theatre Level 8).
- ★ Student grades will not be affected by omitting exercises.
- ★ A list of your final omitted exercises must be emailed to admin@atod.net.au no later than 1 week prior to your exam start date.
- ★ Please list only full name of each exercise not being performed for each genre/grade.
- ★ All fractions of exercises should be rounded down. E.G. If there are 17 exercises, you divide by 4 to get one-quarter, this gives you 4.25. Therefore up to 4 exercises can be omitted.
- ★ All dances must be performed.
- ★ Each dance or performance piece is counted as 1 exercise. E.G. If an exam has 15 exercises and 2 dances then the total number of exercises would be 17 and 4 can be omitted (you cannot omit a dance or performance).
- ★ At least one exercise from each section must still be shown. E.G. The entire pirouettes section cannot be removed.
- ★ Classical Ballet - Unseen enchaînments can be included in your omitted exercises.
- ★ Jazz Moves - If you choose to follow these current rules and omit up to 25% of exercises, this then supersedes the pre-covid syllabus rules regarding omissions in Jazz Moves (it is not in addition to). However, if you choose NOT to take advantage of these current rules you must revert to the pre-covid syllabus rules regarding omissions in Jazz Moves (please check syllabus rules for each grade).
- ★ Musical Theatre - Level 8 introduced in 2026. Students must present all exercises for this new grade- none can be omitted.
- ★ All entrants in the same grade must show/omit the same exercises, even if they are split into multiple groups.
- ★ If you are combining with another studio you may have different omitted exercises. Please share your omitted list with the other Teacher. Whilst students from the other studio are performing an exercise you have omitted, your students should stand to the side of the exam room, quietly facing away from the students performing.
- ★ The same amount of time will be allocated to the exam groups and therefore the exam fees will remain the same. Examiners have the discretion to give students more attempts at exercises if required and take time to encourage students through the exam.

Classical Ballet

- Unseen enchainments can be included in your omitted exercises list.
- Test 1-2: Dances & Free Expression must be shown.
- Test 3-Gold Medal: Dances must be shown.
- Gold Star, Elementary & Intermediate: Dances and Boys Allegro / Girls Pointe must be shown (Some pointe exercises can be omitted, but you cannot omit all pointe work).
- Advanced: Dances & Girls Pointe must be shown (Some pointe exercises can be omitted, but you cannot omit all pointe work).

T1	T2	T3	BM	BS	SM	SS Girls only	SS Girls & Boys	GM	GS Girls only	GS Girls & Boys	ELE Girls only	ELE Girls & Boys	INT Girls only	INT Girls & Boys	ADV Girls only	ADV Girls & Boys
(12)	(13)	(14)	(16)	(18)	(23)	(23)	(24)	(26/27)	(31)	(33)	(33)	(37)	(33)	(36)	(35)	(38)
3	3	3	4	4	5	5	6	6	7	8	8	9	8	9	8	9

Tap

- Test 1-Bronze Star: Dances must be shown.
- Silver Medal-Elementary: Dances must be shown. At least 1 Travelling and 1 Combination must be shown.
- Intermediate-Advanced: Performance combinations must be shown.

T1	T2	T3	BM	BS	SM	SS	GM	GS	ELE	ELE S	INT	INT S	ADV	ADV S
(13)	(16)	(14)	(14)	(15)	(15)	(15)	(16)	(16)	(16)	(17)	(15)	(13)	(14)	(13)
3	4	3	3	3	3	3	4	4	4	4	3	3	3	3

Jazz Moves

- Teachers have always had to omit some exercises in Jazz Moves (as per specific syllabus rules for each grade). If you choose to follow the current rules and omit up to 25% of exercises, this then supersedes the above pre-covid syllabus rules regarding omissions. It is not in addition to.
- Jazz Magic-Gold Star: Dances must be shown. At least 2 warm up exercises and at least 1 combination must be shown.
- Elementary-Advanced: Dances must be shown. At least 2 combinations must be shown.

JAZZ MAGIC	T1	T2	T3	BM	BS	SM	SS	GM	GS	ELE	INT	ADV
(13)	(14)	(14)	(14/15)	(16)	(15)	(16)	(17)	(19)	(19)	(20)	(19)	(22)
3	3	3	3	4	3	4	4	4	4	5	4	5

Hip Hop

- Level 1-8: Dances must be shown.
- Level 9-10: Dances must be shown. At least 1 of the sets must be shown.
- Level 11-12: Dances must be shown.

L1	L2	L3	L4	L5	L6	L7	L8	L9	L10 Previous	L10 New 2026	L11	L12
(12)	(12)	(12)	(13)	(11)	(11)	(11)	(10)	(11)	(14)	(11)	(10)	(10)
3	3	3	3	2	2	2	2	2	3	2	2	2

Contemporary

- Level 1-4: 'This is How I Dance' must be shown.
- Level 5-6: Dances must be shown.
- Level 7-8: Performance must be shown.

L1 (13)	L2 (14)	L3 (13)	L4 (15)	L5 (17)	L6 (16)	L7 (9)	L8 (10)
3	3	3	3	4	4	2	2

Street Beat Tap

- Level 1-6: No restrictions.

L1 (9)	L2 (9)	L3 (9)	L4 (9)	L5 (9)	L6 (9)
2	2	2	2	2	2

Musical Theatre

- Entr'acte-Level 4: Dance Combination and Act 4 must be shown.
- Level 5: Solo Vocal and Act 4 must be shown. At least 1 Drama & 1 Dance Combination must be shown.
- Level 6-7: At least 1 solo vocal, 1 Monologue, 1 Dance Combination & 1 Performance must be shown.
- Level 8: Introduced in 2026. Students must present all exercises for this new grade- none can be omitted.

Entr'Acte	L1	L2	L3	L4	L5	L6	L7	L8 New 2026
(8)	(8)	(8)	(8)	(8)	(10)	(11)	(10)	(9)
2	2	2	2	2	2	2	2	Cannot omit any exercises

National Character

- Primary-Gold Cross: Dances must be shown.

Primary Cross	Bronze Cross	Silver Cross	Gold Cross Girls only	Gold Cross Girls & Boys
(13)	(16)	(21)	(18)	(21)
3	4	5	4	5