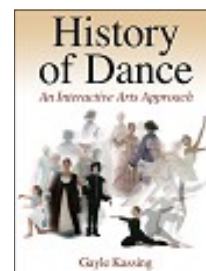


Dance Resources

History of Dance

Gayle Kassing • 2007 • 328 pp • 9780736060356 • \$111.10 RRP • **\$100.10 ATOD**

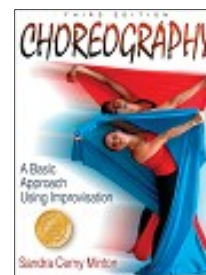
History of Dance: An Interactive Arts Approach provides an in-depth look at dance from the dawn of time through the 20th century. Using an investigative approach, this book presents the who, what, when, where, why, and how of dance history in relation to other arts and to historical, political, and social events. In so doing, this text provides a number of ways to create, perceive, and respond to the history of dance through integrated arts and technology. The book has four parts. Part I explains the tools used to capture dance from the past. Part II is a chronological study of dance, beginning with its origins and moving through ancient civilizations and the Middle Ages through the Renaissance. Part III covers dance from the 17th to the 20th century. Part IV focuses on 20th century American dance, highlighting influences on American ballet and modern dance as it emerged, matured, and evolved.



Choreography: A Basic Approach Using Improvisation 3rd Edition

Sandra Cerny Minton • 2007 • 176 pp • 9780736064767 • \$39.95 RRP • **\$36.60 ATOD**

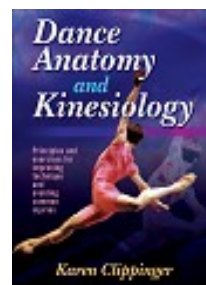
Choreography is your complete guide to understanding the entire process of choreography, from concept to stage production. Thousands of readers have used the first two editions of this book to solve common challenges in choreography, improvise movement phrases, expand movements into dances, and organise dances into complete productions and concerts. This updated edition includes examples of how multimedia technology can be used to enhance choreography with special lighting effects, slide and PowerPoint projections, virtual dance performances, video conferencing, and motion capture. Each chapter contains movement exploration exercises, review and reflection questions, and application challenges, while more than 70 high-quality photos provide a visual frame of reference and clarify key concepts.



Dance Anatomy and Kinesiology

Karen Sue Clippinger • 2007 • 544 pp • 9780880115315 • \$88.00 RRP • **\$79.75 ATOD**

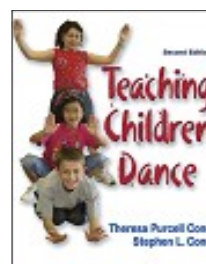
Dance Anatomy and Kinesiology offers valuable scientific knowledge and understanding for dancers, helping them to blend anatomical and kinesiological principles with artistic expression. It focuses on optimal dance movement and the related principles for understanding the function of body joints. By applying those principles, dancers can also help reduce their risk of injury and enhance their performance longevity. The text includes special practical applications such as concept demonstrations, tests and measurements, dance cues, study questions, and primary muscle attachments. This book's unique blend of science and art will empower dancers to realise their potential and expand their artistic vision.



Teaching Children Dance 2nd Edition

Theresa Purcell Cone, Stephen L. Cone • 2005 • 184 pp • 9780736050906 • \$44.00 • **\$39.60 ATOD**

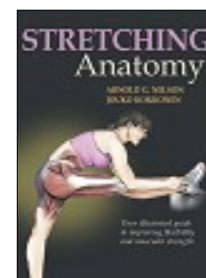
Teaching Children Dance contains a practical framework and approach for presenting creative dance lessons to children in kindergarten to fifth grade. It combines essential dance content appropriate for a secondary-level program with detailed descriptions of strategies. Featuring 20 dance learning experiences, the book has been updated and expanded to reflect educators' renewed commitment to making dance an integral part of children's education. You'll learn to view dance as an art form while improving your teaching and increasing your confidence. You'll also learn the benefits of introducing dance to elementary students, the most effective ways to teach it, and what to teach and when to teach it. The book features new photographs and illustrations make the book visually attractive and show the ideas presented in action. An excellent reference for physical educators, arts educators, dance educators, and elementary classroom educators.



Stretching Anatomy

A. Nelson & J. Kokkonen • 2007 • Paperback • 160 pp • 9780736059725 • \$34.95 RRP • **\$31.90 ATOD**

Stretching Anatomy will arm you with the knowledge to increase range of motion, supplement training, enhance recovery, and maximise efficiency of movement. Not only do you see full-colour illustrations of the muscles in action, but you also find out how changes in position can alter the muscle emphasis and difficulty and how variations can improve safety and effectiveness. Each exercise includes detailed instruction on how to stretch, when to stretch, primary and secondary muscle emphasis, and which muscles are activated for support. Stretching programs provide three levels of difficulty, including light stretching that can be used as a warm-up or to aid in recovery from soreness or injury.



Preventing Dance Injuries

R. Solomon, J. Solomon, S. Cerny Minton • 2005 • 256 pp • 9780736055673 • \$58.30 RRP • **\$52.80 ATOD**

Experiencing Dance places teachers in the roles of facilitators who encourage critical thinking and student involvement in the learning process. With movement experiences, written assignments, over 45 self-paced lessons, and complete guidelines for building a portfolio, it provides a complete curriculum covering: understanding dance as an art form; creating and performing dances; understanding how cultural diversity influences dance; and evaluating and critiquing dance. The book takes students through the steps involved in making a dance artist: how to identify movement potential, express ideas through dance, develop choreography, connect to the community and tradition, showcase student work, train to become a dancer, refine the art form, and develop a portfolio.

